

Ludmilla Canteen Menu 2022

Recess \$3.50

Monday	Tuesday	Wednesday	Thursday	Friday
A. Fruit and a muffin	A. Fruit and a muffin	A. Savoury muffin and fruit	A. Fruit and a muffin	A. Muffin and fruit
B. Cheese, Vegie sticks and crackers	B. Cheese, Vegie sticks and crackers	B. Cheese vegie sticks and crackers	B. Cheese, vegie sticks and crackers	B. Fruit tub
C. Popcorn and fruit	C. Yoghurt and fruit	C. Popcorn and fruit	C. Fruit tubs	C. Yoghurt
D. Potato gems and fruit	D. Rice cakes with vegemite or honey	D. Corn on the cob and fruit	D. Fish fingers and fruit	V. Corn on the cob and fruit
V. Vegie Slice Vegetarian option			V. Vegie slice Vegetarian option	

Lunches \$5.00

Monday	Tuesday	Wednesday	Thursday	Friday
A. Ham/Chicken or Tuna salad box	A. Ham, chicken or tuna salad box	A. Ham, tuna or chicken salad box	A. Chicken ham or tuna salad box	A. Ham or tuna and salad box
B. Lasagne	B. Ham, cheese and salad sandwich and fruit	B. Butter chicken and rice	B. Spaghetti Bolognese	B. Sausage roll and fruit
C. Chicken, ham or tuna and salad wrap	C. Egg and lettuce sandwich and fruit	C. Chicken tuna or ham wrap	C. Sweet chilli tender wrap	C. Meat pic
D. Vegetarian Fried Rice	D. Tuna and salad sandwich and fruit	V. Macaroni and cheese	D. Chicken burger with lettuce and mayo	D. Potato topped pie
	V. Cheese and salad sandwich			

Some items on the menu are subject to change.

Recess substitutes:

Corn on the cob and fruit

Pizza and fruit

Chicken nuggets and fruit

Fruit tub

Rice cakes with honey or vegemite

Potato gems and fruit

Lunch substitutes:

Honey soy chicken and rice

Chicken burger

Hotdog and cheese

Spaghetti

Beef and rice

Check at the canteen for any changes when ordering.